

Nova Counseling Services is a State of Wisconsin-licensed provider, located in Oshkosh, WI, of medically monitored residential treatment for people suffering from substance use disorders. Our mission is to provide the highest quality care at the lowest possible cost to our clients and their families.



2023 Impact Report

A Mission & Vision with Loud & Lasting Community Impact

In our often quiet dedication to the community, our services and impact speak volumes. Addiction's reach is often obscured, whispered pleas for help drowned out by fear and shame. In the quietude of our efforts, through candid feedback from those who have experienced our care, we know that Nova stands as a gateway to transformation and hope. This is what drives us forward.

This report provides an unfiltered snapshot of our current standing and future trajectory, firmly rooted as a catalyst for positive change in our community. Addressing substance use disorders with both realism and optimism, Nova carries no stigma. With a team of compassionate and dedicated counselors, many with personal recovery journeys, we navigate the intricate dynamics of addiction within individuals, families, and society.

As we look ahead to 2024, our vision is resolute—deepening impact, enhancing accessibility, and reinforcing a continuum of care beyond conventional boundaries. This report outlines our strategic course, emphasizing Nova's role in shaping a narrative of resilience and recovery. We acknowledge our responsibility to individuals and the broader community, underscoring our commitment to transparency, progress, and the collective journey toward a healthier, substance-free future. Your trust and support propel Nova forward, ensuring an even greater impact in the upcoming year.



*While in treatment... I saw for the first time that I was **not a terrible and worthless person**. I saw that I was an alcoholic and a **sick person**, but there was a solution... Nova was the platform which catapulted me into a whole new life, and for that I am eternally grateful.*



Care & Programming: *The Journey Adds Up!*

Residential Treatment

This intensive 28-day program offers a structured and supportive environment, anchored in the philosophy of the 12 Steps of Alcoholics Anonymous®. We help guide participants to embrace the power of living within a therapeutic community, where individuals forge trusting relationships while practicing newfound but manageable recovery skills in a compassionate and realistic manner.

- Educational lectures
- Group and individual counseling
- AA first-step work
- Recreational and experiential therapy
- In-house and local AA or NA meetings



Terra Program - Transitional Living

For those completing the residential program, extended support is offered through this 90-day transitional living opportunity in the Terra program.

Designed to serve no more than 10 male clients at a time to allow for healthy small group care and dynamics, the Terra House becomes a therapeutic environment that fosters a commitment to recovery and helps to prepare participants a successful return to family, career, and community.

- Personal recovery planning
- Employment, education, or volunteer work
- Role modeling for newer residents
- Gradual reinforcement of a healthy self-concept
- Tools and skills training for constructive relationships
- Encouragement for continued participation in aftercare and 12-Step programs



Outpatient Aftercare

Care does not end at our doorstep. We are committed to wrapping around those who are facing the challenge of enduring recovery, including through our outpatient services which we look forward to having return in 2024.

- Individual counseling sessions
- Group counseling
- Integration of 12-Step principles
- Relapse prevention strategies

These services are an essential component to Nova's comprehensive continuum of care and are tailored to meet the evolving needs of individuals post-residential or transitional programs. They can serve as a vital bridge, ensuring individuals maintain their recovery momentum while navigating the complexities of daily life.



97% of clients said they would recommend NOVA programming to a friend or relative!

Family Support Program

Recognizing the profound impact of addiction on both individuals and their families, Nova's Family Support Program plays a pivotal role in the recovery journey.

This Saturday morning program fosters awareness among family members and concerned individuals, offering insights into the nature of substance use disorders, the recovery process, and ways to contribute to their loved one's success.

The program operates on the principles of "The 3 C's" – understanding that family members didn't cause, can't control, and can't cure the addiction. Participation in Families Anonymous® and/or Al-Anon® programs is encouraged, providing additional support. When needed, Nova's counselors facilitate referrals to experienced professionals, reinforcing the integral role families play in the recovery narrative.

Transformed Lives

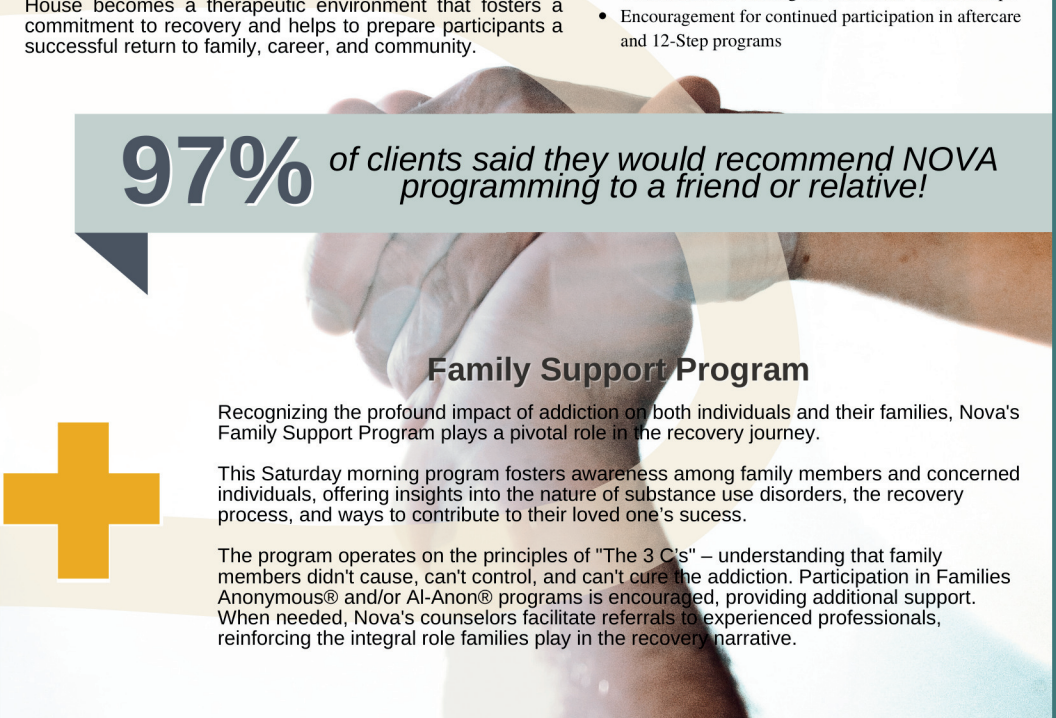
Transformed Communities

Over 60% of Nova Counseling Services' clients successfully maintain sobriety and graduate from the program!

Stay Tuned!

Our summer picnic is returning in 2024!

Be sure to follow us on Facebook for more information about this opportunity to gather, and more community events, coming soon!



Financials

In 2023, Nova faced financial challenges, experiencing modest income and significant expenses. We understand financial stability is critical for our mission and are reshaping our fundraising strategy in 2024 to ensure we can continue to meet the community's needs.

This includes aggressively pursuing grants and collaborating with professionals to refine its business approach for sustained success and reframing operational program funding strategies to be competitive while remaining accessible.



Donate

Help make a lasting impact in our community-



Your generous support enables Nova to continue its crucial mission of providing high-quality, affordable care to those affected by substance use disorders.

To make a secure donation and contribute to the well-being of individuals and families, visit our donation page on our website, novaoshkosh.com, scan the QR code to be taken directly to our giving portal, or call (920) 231-0143.

Connect with Us

3240 Jackson Street
Oshkosh, WI 54901
(920) 231-0143

We invite you to connect with Nova Counseling Services to explore the various ways you can contribute to addiction recovery in our community. Whether you're interested in learning more about our services, making a meaningful donation, becoming a sponsor, volunteering your time, or advocating for addiction recovery, your involvement matters.

Reach out to us at (920) 231-0143 to discover how you can play a vital role in supporting individuals on their journey to recovery.

Together, we can make a lasting impact and foster a community where individuals affected by substance use disorders find hope, healing, and a path to a brighter future.

Get Help

If you or someone you know is seeking help for substance use disorders, our compassionate team is here to provide support, guidance, and information on our treatment programs.

Call us at (920) 231-0143 to take the first step toward recovery.